

Human-centered solutions for your organization, tailored to you!



# Our services

Business-oriented sports and wellness seminars, offered in Luxembourg and abroad, and customizable to your company's specific needs through our tailored "focus" workshops.

# Our workshops "focus"

Customized workshops tailored to your company's HR and managerial focus, including:

- Team cohesion
- Self-improvement & resilience
- Enhancing employee well-being
- Mental performance & stress management through breathing techniques
- Quality of Work Life (QWL)
- Employee retention & motivation
- CSR policy & impactful initiatives

### \*Business Seminars

#### Formula - Luxembourg

- Day or Weekend format within 1 hour of Luxembourg City
- One sports activity of your choice (cycling or hiking – all levels)
- One "focus" workshop (from the listed categories) or time for your own workshops
- Accommodation and meals included, depending on the chosen duration

#### Formula - Outside of Luxembourg

• Minimum 1 weekend (2 full days) (Similar format to the Luxembourg package, with a destination-specific experience)









# Next event? Pricing

# In Luxembourg

1 day only

From 2200€ for 5 collaborators

**Weekend** 

From 5000€ for 5 collaborators Away from Luxembourg

Weekend (2 days)

From 6500€ for 5 collaborators



## CONTACT



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Focus on People – Because the Best Things Happen as a Team!